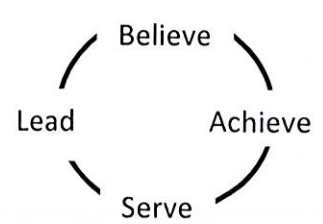




Where students, families, and staff **BELIEVE** in themselves and others, **ACHIEVE** our personal best, **SERVE** others, and **LEAD** the way in education and in our community.



W I L D C A T

What's for Breakfast?

Monday	French Toast Sticks
Tuesday	Pop-Tart Pastry
Wednesday	Strudel Bites
Thursday	Egg & Cheese Sandwich
Friday	No School

What's for Lunch?

Monday	Mini Corn Dogs
Tuesday	Turkey Manhattan
Wednesday	Chicken Wrap
Thursday	Meatloaf Burger
Friday	No School

From the Nurse

Head lice is one of the most common communicable conditions in the US.

- Head lice often infest people with good hygiene
- Head lice cannot jump or fly
- Head lice do not transmit disease, but they are contagious
- Children with live head lice are excluded from school
- It is important to talk to your school nurse to learn about treatment options and school policy regarding head lice.

Signs and symptoms of infestation include:

- Tickling feeling on the scalp or in the hair
- Itching (caused by the bites of the louse)
- Difficulty sleeping (lice are more active in the dark)
- Sores on the head (caused by scratching, which can sometimes become infected)

Wellness Reminder

NLCS has a Wellness Program that we follow at lunch, snack time, and for parties. We appreciate your compliance in not bringing fast food lunch into our school and cafeteria. All snacks and party food should also adhere to the Wellness Program. Any foods brought to school must be prepackaged with nutrition and ingredient labels on them. They may not be homemade, per the NLCS wellness policy.

Thank you

Food Service Reminder

The Food Service Office would like to remind all households that breakfast is offered to students daily at all North Lawrence Community schools. The full price for the student breakfast is \$1.35, and .40 cents if the student qualifies for reduced meals. If you have any questions, please contact the Food Service Office at 277-3220.

Thank you

Attendance Traveling Trophy

This year our school will have a traveling "Attendance Trophy" for classrooms with the best attendance. This does include both absences and tardies. We will also have a monthly award for the class with the best attendance rate as well. Below are Stalker Elementary's Top 5 Classes...

<u>Place</u>	<u>Teacher</u>	<u>Percent</u>
1 st Place	Ms. Ramey	98.6%
2 nd Place	Mrs. Daugherty	98.1%
3 rd Place	Mrs. Eichen	95.0%
4 th Place	Mrs. McDaniel	94.4%
5 th Place	Mr. Young	94.0%

Congratulations to all these classrooms!

NLCS Safety Tip

Carbon monoxide detectors save lives, but less than one-third of American homes have one installed. Replace the battery for your home's CO detector each spring and fall. Do not heat your home with a gas range or oven. Never run a car or truck inside an attached garage.

Important Dates

Dec. 20	Last Day Before Break
Dec. 21-Jan. 2	No School
Jan. 3	School Resumes
Jan. 9	Report Cards Sent Home
Jan. 21	Martin Luther King, Jr.- School in Session Make Up Day for 11/15/18



North Lawrence Community Schools



Breakfast and Lunch Menu for Grades K – 8

Student Breakfast: \$1.35

Adult Breakfast: \$2.20

Student Lunch: \$2.70

Adult Lunch: \$3.35

Dates	Monday	Tuesday	Wednesday	Thursday	Friday
Week of Jan. 3-4 Jan. 28-Feb. 1 Feb. 25-Mar 1 Apr. 1-5 Apr 29-May 3	WG Pop Tart Pastry Pizza MS: Taco Wedges w/ Salsa Baked Beans California Blend Fruit	WG Pancakes & Syrup Country Baked Steak MS-Spicy Chicken Sandwich Mashed Potatoes & Gravy Broccoli 100% Fruit Slushie	WG Sausage/Gravy Funfle Meatloaf Burger w/Bun MS: Chicken Strip Basket French Fries. Cooked Carrots Fruit	Cereal & WG Toast Popcorn Chicken MS: Cheeseburger Sweet Potato Tots Green Beans Fresh Fruit	Scrambled Eggs & WG Toast 2 Tacos w/lettuce & cheese MS: 3 Tacos or Breaded Chicken Sandwich Corn, Celery Mini WG R. Krispie Treat Fresh Fruit
Week of: Jan. 7-11 Feb. 4-8 Mar 4-8 Apr. 8-12 May 6-10	WG Cherry/Apple Fruidel Cheesy Breadsticks (2) w/Marinara Sauce MS-Pork Tenderloin w/Onion Rings Corn Fresh Fruit	WG Blueberry or WG Banana Bread Pizza MS-Chicken Nuggets Sweet Potato Fries Green Beans Fruit	WG Biscuit & Gravy Nachos w/Gr. Beef MS-Chicken Drumstick & Bosco Stick Refried Beans Salsa Fresh Fruit	WG Chicken Biscuit Toasted Cheese Sandwich MS-Meat & Cheese Sub w/Baked Chips Potato Emojis Celery Fruit	Cereal & WG Toast Chicken & Waffle MS-Lasagna & Corn Muffin Dark Green Salad Fresh Carrots Fresh Fruit
Week of: Jan. 14-18 Feb. 11-15 Mar. 11-15 Apr. 15-19 May 13-17	WG French Toast Sticks Taco Stick w/Salsa MS-Grilled or BBQ Chicken Sandwich Sweet Potato Fries Corn Fresh Fruit	WG Pancakes Chicken & Noodles MS-Meatloaf Mashed Potatoes Green Beans WG Roll Fruit	WG Sausage Biscuit Macaroni & Cheese MS-Pizza Green Peas Vegetable Slushie Fruit	WG Bosco Breakfast Stick Cheeseburger MS-Hot Ham & Cheese Broccoli & Cheese Cooked Carrots Fruit	Cereal & WG Toast Chicken Wrap w/Lettuce & Cheese MS - Chicken Nachos Refried Beans Salsa Fresh Fruit
Week of: Jan. 21-25 Feb. 18-22 Mar. 18-22 Apr. 22-26 May 20-23	WG Jiffy Chicken Nuggets MS-Cheeseburger ½ Baked Potato Baked Beans Fresh Fruit	WG Donut Ring Turkey Manhattan MS-Bosco Sticks (2) w/Marinara Sauce Mashed Potatoes w/Gravy Corn Fruit	Egg & Cheese Omelet & WG Toast Pizza MS-Meat & Cheese Sub w/Baked Chips French Fries Celery Sticks Fresh Fruit	WG Breakfast Pizza Hot Dog MS-Chicken Nuggets Sweet Potato Fries Green Beans Fruit Slushie WG Cookie	Cereal & WG Toast Spag. w/Meat Sauce MS-Sweet/Sour Chicken or General Tso's Chicken and White Rice Dark Green Salad Grape Tomatoes Fresh Fruit

News and

Information

Cycle Menu – repeats every 4 weeks, be sure to check the dates! ☺

Breakfast (underlined items) is served each day with 100% fruit juice, ½ C. fruit and 8 oz. milk.
 Lunch is served with 8 oz. milk

MS=Middle School Only



Skip the straw. Each plastic straw takes 200 years or more to decompose.

 This institution is an equal opportunity provider.

**Menu subject to change without notice.